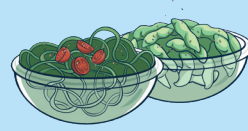


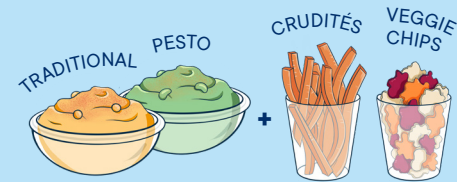
STARTERS



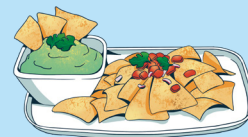
MISO SOUP
3,95 €



WAKAME / EDAMAME
3,50 €



1 HUMMUS + 1 SNACK
3,95 €



NACHOS
WITH GUACAMOLE
5,90 €



GYOZAS
5,90 €

BURRATA
8,50 €

DRINKS

WATER	2,00€
SOFT DRINKS	2,50€
BEER 1/3	3,00€
BEER 1/4	2,00€
ENERGY DRINKS	3,00€
KOMBUCHA	3,00€
WINE	3,95€

NATURAL JUICES

3,95€



YELLOW
APPLE, MANGO,
BANANA, MARACUYA



WHITE
APPLE, PINEAPPLE,
BANANA, COCONUT



GREEN
APPLE, CUCUMBER,
CELERY, SPINACH,
LEMON, GINGER



ORANGE
CARROT, APPLE,
ORANGE, GINGER,
LEMON



RED
STRAWBERRY,
RASPBERRY,
BLUEBERRY,
BANANA, APPLE

BUILD YOUR OWN...

POKÉ

10,95€ 13,50€
(MAX 2 PROTEINS) (MAX 4 PROTEINS)

SALAD

10,90€
(MAX 2 PROTEINS)

WRAP

9,90€
(MAX 1 PROTEIN)

01.

BASE

PICK 2 OF THEM!

- SUSHI RICE
- BROWN RICE
- MIXED GREENS
- MIXED QUINOA
- SPINACH

COMBINE THEM!

- MIXED GREENS
- MIXED QUINOA
- SPINACH
- CHICKPEAS
- PASTA

- SUSHI RICE
- BROWN RICE
- MIXED GREENS
- SPINACH

02.

PROTEIN

EXTRA PROTEIN +2€

- TUNA
- SALMON
- CHICKEN
- PRAWNS
- SMOKED TOFU
- HEURA

- TUNA
- SALMON (+1,00€)
- CHICKEN
- PRAWNS
- SMOKED TOFU
- HEURA

- TUNA
- SALMON (+1,00€)
- CHICKEN
- PRAWNS
- HAM & CHEESE
- SMOKED TOFU
- HEURA

03.

SAUCES

EXTRA SALSA +1€

- CLASSIC SOY
- TERIYAKI SOY
- GLUTEN FREE SOY

- ALOHA MAYO (+1,00€)
- SPICY MAYO
- UMAMI SAUCE
- AVOCADO LOVE
- TRUFFLE MAYO

- CITRIC MAYO
- CURRY-MANGO
- OIL & VINEGAR
- CAESAR
- HONEY & MUSTARD

04.

TOPPINGS

- SWEET ONION
- RED ONION
- EDAMAME
- PINEAPPLE
- MANGO
- CARROT
- CHERRY TOMATO
- CUCUMBER
- SWEETCORN
- RADISHES
- RED CABBAGE
- SPRING ONIONS
- ZUCCHINI NOODLES
- BLACK OLIVE
- BOILED EGG
- CHICKPEAS

CRUNCHY

- CRUNCHY ONION
- CRUNCHY WAKAME
- CORN NUTS
- PEANUTS
- PUMPKIN SEEDS
- BANANA CHIPS
- SESAME SEEDS
- SHICHIMI
- MASAGO

PREMIUM (+1,00€)

- AVOCADO
- WAKAME SEAWEED
- FETA CHEESE

POKÉ
NO LIMIT!

SALAD
MAX 6 TOPPINGS
EXTRA TOPPING +0,30€

WRAP
MAX 4 TOPPINGS
EXTRA TOPPING +0,30€

10,50€ 13,50€

CLASSICS



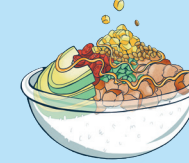
ATUNA MATATA
Tuna, Avocado, Edamame,
Sweet Onion, Spring Onions,
Sesame Seeds
+ **Umami Sauce**



PICA TUNA
Tuna, Wakame Seaweed,
Sweet Onion, Crunchy Onion,
Sesame Seeds
+ **Spicy Mayo Sauce**



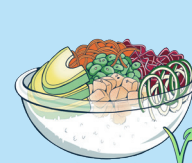
NINJA SALMON
Salmon, Avocado,
Wakame Seaweed, Masago,
Sesame Seeds
+ **Spicy Mayo Sauce**



POWER CHICKEN
Chicken, Avocado, Mango,
Edamame, Cherry Tomatoes,
Peanuts
+ **Curry Mango Sauce**



BUBBA GUMP
Prawns, Avocado,
Sweet Onion, Carrot,
Cucumber, Sesame Seeds
+ **Spicy Mayo Sauce**



VEGAN DREAM
Smoked Tofu, Avocado,
Edamame, Carrot, Red Cabbage,
Zucchini Noodles,
Sesame Seeds
+ **Avocado Love Sauce**

ALOHA BOWLS



HULIO CÉSAR
Mixed Greens, Chicken,
Feta Cheese, Carrot,
Radishes, Red Cabbage,
Boiled Egg, Sesame Seeds,
Crunchy Onion
+ **Caesar Sauce**
8,90€



TROPICAL PARADISE
Spinach + Mixed Greens,
Mango, Pineapple, Avocado,
Edamame, Cucumber, Zucchini
Noodle, Cherry Tomato,
Pumpkin Seeds, Plantains
+ **Avocado Love Sauce**
8,90€



SUPER GARBAN
Chickpeas, Red Onion, Boiled
Egg, Black Olives, Radishes,
Cherry Tomato, Feta Cheese,
Pumpkin Seeds
+ **Oil & Vinegar**
8,90€



SUMMER SALMON
Spinach + Mixed Greens,
Salmon, Cucumber, Red Onion,
Radishes, Carrot, Edamame,
Pineapple, Cherry Tomato,
Sesame Seeds
+ **Umami Sauce**
11,50€



CHICKEN CHAN
Spinach + Mixed Greens,
Chicken, Edamame, Carrot,
Red Cabbage, Radishes,
Wakame Seaweed, Crunchy
Onion, Sesame Seeds
+ **Teriyaki Soy Sauce**
11,50€



MAMMA MIA
Pasta, Chicken, Cherry
Tomato, Boiled Egg, Feta
Cheese, Edamame, Carrot,
Shichimi
+ **Honey & Mustard Sauce**
11,50€



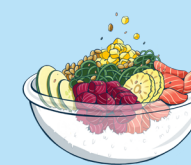
GAMBA STYLE
Mixed Greens, Prawns,
Avocado, Pineapple, Red
Onion, Edamame, Carrot,
Spring Onion, Peanuts
+ **Curry Mango Sauce**
11,50€

PREMIUM

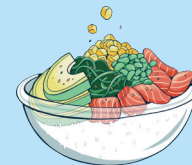
10,95€ 13,95€



UH! MAMI!
Tuna, Salmon, Avocado,
Edamame, Mango,
Spring Onions, Crunchy Wakame,
Sesame Seeds
+ **Aloha Mayo Sauce**



GOOD VIBES
Tuna, Salmon, Wakame
Seaweed, Pineapple, Mango,
Cucumber, Peanuts,
Sesame Seeds
+ **Spicy Mayo Sauce**



SUPER NINJA
Salmon, Avocado, Mango,
Edamame, Wakame Seaweed,
Sesame Seeds
+ **Spicy Mayo Sauce**



(NO) CHICKEN RUN
Heura, Avocado,
Edamame, Carrot,
Cherry Tomatoes, Spring Onions,
Sesame Seeds
+ **Avocado Love Sauce**



KUNG-FU CHICKEN
Flamed Chicken, Avocado,
Edamame, Pineapple, Sweet
Onion, Red Cabbage,
Peanuts, Sesame Seeds
+ **Teriyaki Soy Sauce**



FUNKY SALMON
Flamed Salmon, Edamame,
Mango, Cucumber,
Sweet Onion, Spring Onions,
Sesame Seeds
+ **Truffle Mayo Sauce**

ALOHA WRAPS



SPICY CHICKEN
Rice, Mixed Greens, Chicken,
Carrot, Red Onion, Crunchy Onion
+ **Spicy Mayo Sauce**
7,90€



SALMON
Spinach, Smoked Salmon, Feta
Cheese, Pumpkin Seeds
+ **Honey & Mustard Sauce**
9,90€



HAM & CHEESE
Mixed Greens, Ham, Emmental
Cheese, Boiled Egg, Tomato
+ **Citric Mayo Sauce**
7,90€



CURRY CHICKEN
Rice, Mixed Greens, Chicken,
Avocado, Mango, Sour cream
+ **Curry Mango Sauce**
7,90€

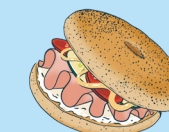
ALOHA BAGELS



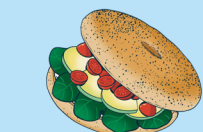
CHICKEN
Chicken, Spinach, Quince
+ **Sour Cream**
6,90€



SALMON
Smoked Salmon, Walnuts, Dill
+ **Sour Cream**
8,90€



HAM
Ham, Tomato, Cucumber
+ **Honey & Mustard Sauce**
6,90€



AVOCADO
Avocado, Tomato, Spinach
+ **Sour Cream**
6,90€

DESSERTS



YOGHURT
WITH FRUIT
AND GRANOLA
S 3,00 €
L 4,90 €



COOKIES
2,50 €



CAKES
CARROT CAKE,
OREO CAKE OR LEMON PIE
4,50 €

LOHA
OKÉ



ALO
POK

A VIDA ALOHA

LIVING LA VIE



@ALOHAPOKESPAIN